

KOM MED TILL OXFORD I HÖST!!



Socratic Dialogue - a guide for discovery'

Tid: 20 september klockan 9 - 16

Plats: New College i centrala Oxford.

Pris: 3 800 kr exkl. moms. Utgifter för resa och hotell tillkommer.

Föreläsare: Dr Helen Kennerley

Beskrivning av workshopen: Workshopen handlar om sokratisk dialog och hur man genom ett samtal kan skapa en förändring. Se Helens egna beskrivning på nästa sida.

Mer information och anmälan:

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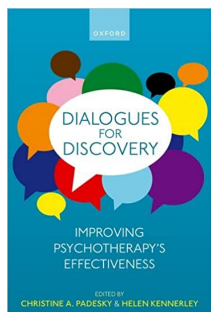
Information om hotell och resa till Oxford, se bifogat faktablad.

Helens presentation of the workshop in Oxford, 20th of September.



Socratic Method is a client-centred approach within psychotherapies that helps clients derive insights and hope from making their own discoveries, small or large. Socratic Methods are developed collaboratively and are grounded in curiosity and a genuine commitment to client discovery, wherever it might lead and whether or not the discoveries fit with the therapist's current thinking.

This workshop reviews the role and evolution of such methods in psychotherapy. It also defines key terms, addresses why and when Socratic dialogue is recommended in psychotherapy, illustrates a broad range of therapy methods used to guide client discovery, and summarizes current research. The workshop will address when not to use Socratic methods, namely, when didactic teaching or direct questions are more relevant.



The content of the workshop draws heavily on a recent text: "Dialogues for discovery" (Padesky & Kennerley, 2023) and therefore Padesky's 4-stage Model of Socratic Dialogue (informational questions, empathic listening, summaries, analytical and synthesizing questions) will be highlighted. Throughout the workshop, you will also be reminded of key principles that help you stay on track in your practice of guided discovery, and there will be opportunities for reflections, discussions and questions.

Helen Kennerley, D.Phil
Chartered Clinical Psychologist